

## Calling All Parents...We Need Your Help!

**E**very parent wants to be able to see their child's doctor right away when the need arises. You might, for instance, be concerned if your child falls ill suddenly. You may feel a little pressured if you find out that a football physical form needs to be turned in next week.

Facey doctors are working hard to be your provider of choice and one way we are trying to do that is to have appointments available when you need them. You, as a parent, can help us achieve this goal in a few small but very important ways:

### **If you are unable to make it to a previously scheduled appointment...**

Please call and let us know. That cancelled appointment often is just what another family needs to have access to their pediatrician.

**Please give us as much information as possible when you schedule an appointment.** Say your child is sneezing, but you also want to discuss their headaches that have been present for many months. The appointment will take more time because multiple issues need to be dealt with. Letting us know this in advance will improve the way we schedule appointments that day.

### **Please let us know if you are bringing more than one child and want to have the sibling(s) examined at the same time.**

We try very hard to accommodate on the spot requests, but please understand that it's not always possible. We can better meet your needs when we are able to plan for multiple exams in advance.

### **Please be patient if you bring forms to your appointment.**

We all know how hard it is to wait in an exam room. Our staff will always try to fill forms out as soon as possible, but we may need to ask you to return and pick them up later. On a busy day our physicians need to see the patients first and do the paperwork later.



With your help, we can all enjoy a better experience at the pediatrician's office every time you visit us. We look forward to seeing your family soon!

## WHAT'S INSIDE:

- Meet Our New MDs
- New Dermatology Services
- 2008 Flu Clinic Dates
- A Fond Farewell to Facey Doctors
- ...Plus Much More!

# The Facey Care Team Continues To Grow!

## Meet Our New MDs

Great news! Facey's roster of physicians is growing in order to help improve your access to care when you need it. Here are some of the new faces that you'll see at Facey clinics:

### CANYON COUNTRY

**Jeanette Pilliner-Martin, M.D.**

*Pediatrics*

**Board Certified**

Dr. Pilliner-Martin comes to Facey from Mission City Community Network. In addition to providing pediatric care from 2001-2008, she served as their Medical Director from 2002-2004. Dr. Martin has also dedicated her time to working with troubled teens.



### CASTAIC

**Naeemah Ghafur, M.D.**

*Family Medicine*

**Board Certified**

Dr. Ghafur is a Brooklyn native with extensive experience dealing with chronic health issues in older adults. Her clinical interests also include adolescent health and pediatric care. She is fluent in both English and Spanish.



### COPPER HILL

**Thin Do, M.D.**

*Pediatrics*

**Board Certified**

Dr. Do comes to Facey from Arroyo Vista Family Health Center, where he served as Chief of Pediatrics. Dr. Do was also part of a Kaiser Permanente childhood obesity program. Dr. Do's special interests include asthma care and obesity care. He speaks English, Vietnamese and Medical Spanish.



### COPPER HILL

**Andrea Vu, M.D.**

*Family Medicine*

**Board Certified**

Dr. Vu grew up in New Jersey, where she also performed both her internship and residency. She has special interests in geriatrics and women's health. She is fluent in both English and Vietnamese, and speaks some Spanish as well.

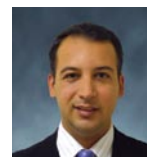


### MISSION HILLS

**Ryan Taban, M.D.**

*Ophthalmology*

Dr. Taban is a graduate of the St. Louis University School of Medicine and performed his residencies at LSU and Summa Health System in Ohio. He recently completed a glaucoma fellowship at UCLA.



### NORTHRIDGE

**Farridah Shafiee, D.O.**

*Internal Medicine*

**Board Certified**

Dr. Shafiee is a graduate of the DO program at Nova Southeastern University in Florida and performed her residency at Mount Sinai Medical Center in Miami Beach. She has a Masters in Public Health from the University of Massachusetts at Amherst. She is fluent in English, Persian and Medical Spanish.

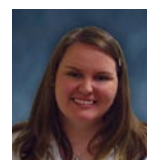


### NORTHRIDGE

**Kathryn Wright, M.D.**

*Obstetrics & Gynecology*

Dr. Wright is a graduate of the Ohio State University College of Medicine and Public Health. She completed her internship & residency at Summa Health System in Akron, Ohio.



### PORTER RANCH

**David Chien, M.D.**

*Pediatrics*

**Board Certified**

Dr. Chien is a graduate of the Boston University School of Medicine. He performed his internship and residency at Harbor UCLA Medical Center. In addition to English, Dr. Chien is fluent in Mandarin.



### SAN GABRIEL & VALENCIA II

**Catherine Finney, M.D.**

*Rheumatology*

**Board Certified**

Dr. Finney is a graduate of the doctoral program at Tufts University in Boston, and she performed her internship & residency at UCLA Olive View Medical Center. In addition, she recently completed a fellowship at UCLA Medical Center.



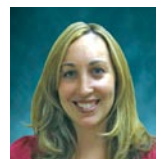
### VALENCIA I

**Rebecca Patterson**

**Judd, M.D.**

*Family Medicine*

Dr. Judd is a graduate of the University of Utah School of Medicine. She performed her internship and residency through the Northridge Hospital Family Medicine Residence Program.



### VALENCIA II

**David Nguyen, M.D.**

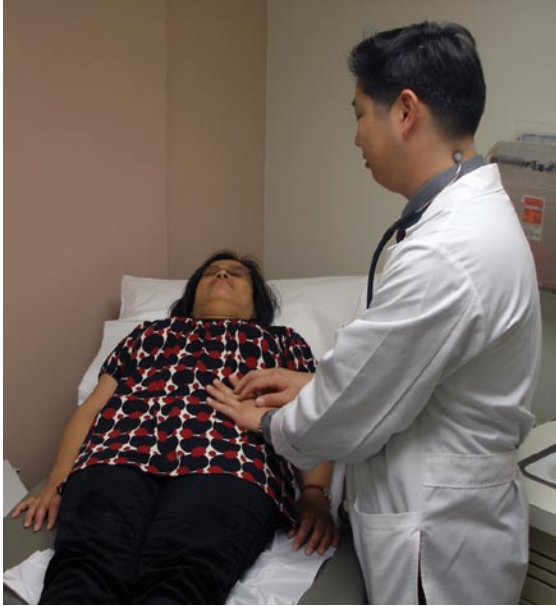
*Obstetrics & Gynecology*

Dr. Nguyen is a graduate of Ross University School of Medicine. He performed his internship at the University of Oklahoma and his residency at Drexel University in Philadelphia. Dr. Nguyen is fluent in English and Vietnamese.



# Do You Really Need That Physical?

When to ask for lab tests, check-ups and physical exams from your Facey doctor or NP



We all have called the doctor's office to request a physical exam. Perhaps it was required for work or school, or perhaps we just wanted to make sure we were in good general health. If you want to have basic screening tests performed, there's a better way to plan your physician appointment.

Simply tell the receptionist what specific issues you wish to address. **There's a very good chance that you won't have to wait as long to see your doctor.**

Don't know if it's time to have your tests done? Here are some general guidelines for adults:

**Blood Pressure & Cholesterol**  
It is a good idea for healthy adults over age 18 to have their blood pressure checked every 2 years and cholesterol every five years. Your doctor may recommend more frequent testing.

**PAP Test (women only)**  
Adult females who have had **two consecutive** negative PAP tests should repeat the exam every three years until age 64. Your doctor may recommend more frequent testing.

**Mammogram (women only)**  
Women age 40 and older should get a mammogram every 1-2 years, depending on family history and your doctor's recommendation.

**Colorectal Screening**  
The type of test performed determines frequency, but some form of exam should be performed starting at age 50 or sooner if your doctor recommends early testing.

If you do need a comprehensive check-up, please understand that these types of appointments take longer and are not generally available right away. Try to schedule them as far in advance of any "due dates" as possible.

## New Dermatology Services at Facey

Elective blemish removal and wrinkle fillers/reducers are now available at Facey Mission Hills

It's a fact that most of us put time, energy and of course, money into keeping our faces looking young. We all wish that we had a little help with keeping those pesky wrinkles and creases at bay.

Thanks to the miracle of modern science, that's exactly what Facey Medical Group can offer you. Our dermatology team is proud to announce the arrival of elective cosmetic procedures that can help reduce the appearance of fine lines.

Just think: No more racing to some fancy overpriced "skin spa" for you. Why bother, when you can get the same services at a place you already trust to provide your health care? We offer several types of "fillers" as well as Botox.

Some of them have been shown to work for several months or longer. Though results will vary from person to person, we're pretty excited by the possibilities. You should be too.

Setting up an appointment is easy. All you have to do is call us and we'll arrange a consultation with Facey dermatologist Dr. David Goldman. Together you will discuss what treatments you want and what your options may be.

Facey's cosmetic dermatology services are currently offered only at our Mission Hills office. Most procedures are minimally invasive and have little, if any recovery time. Dr. Goldman will discuss with you any issues and/or risks involved prior to the performing of procedures.

Please note that cosmetic procedures are not covered by your health insurance. You will be required to pay the full cost of treatment before services are performed. Facey only accepts credit cards and cash for cosmetic procedures.



# Fond Facey Farewells

## FACEY BIDS ADIEU TO TWO LONGTIME PHYSICIANS



### Robert Finkelstein, M.D. 30 Years of Service

Dr. Robert Finkelstein was a driving force in the evolution of Facey throughout the last three decades. So when he retired on June 30, patients and staff alike were sad to see him leave.

Dr. Finkelstein was very dedicated to his patients at Northridge. He often worked late to make sure that every message was returned before he went home.

He was particular about being on time and organized. His coworkers at Northridge would joke that "you could set your clock by Dr. Finkelstein's arrival at the office."

In addition to caring for his patients at Facey's Northridge clinic, Dr. Finkelstein had been a member of the Facey Medical Foundation Board of Directors since its creation in 1992. And as if that wasn't enough, he was also the medical director for Facey's Managed Care operations.

Dr. Farridah Shafiee, Northridge's newest team member, has taken over Dr. Finkelstein's practice. Her qualifications and experience make her a perfect match for the Facey patients who saw Dr. Finkelstein over the last thirty years. You can learn more about her on page 2.



### Richard Hollcraft M.D. 35 Years of Service

Richard Hollcraft has been part of Facey's San Gabriel team since the days when it was better known as the Alhambra Medical Group.

Dr. Hollcraft served as a battalion surgeon for the U.S. Army hospital in Germany during the Vietnam war. Upon his return, he performed his rheumatology fellowship at L.A. County/USC Hospital.

He joined Alhambra Medical Group in September of 1973 as both a Board Certified internist and a rheumatology specialist. In addition, he became an Associate Professor of Medicine at USC in 1975 and still teaches there today.

Dr. Hollcraft's passion for his work made him a community favorite. He was named one of the 2008 Top Docs by Pasadena Magazine. He has his USC students, 45 grandchildren and a greenhouse full of beautiful orchids to keep him busy now that he won't be at the office.

Stepping into Dr. Hollcraft's shoes is Dr. Catherine Finney, who has spent the last several years in the area while participating in UCLA's residency and fellowship programs. She will be seeing Facey rheumatology patients at our offices in San Gabriel and Valencia.



## 2008 FLU vaccinations

Facey's annual flu vaccination clinics are returning in 2008, and we're happy to announce the return of our San Gabriel Saturday clinic!

All three Saturday events are open to the public and some will feature our successful drive-through option for patients with limited mobility. If you would like more information about the 2008 vaccine, as well as guidelines for who should and should not receive the flu shot, please visit the Centers for Disease Control online at: <http://cdc.gov/flu>

### MISSION HILLS

Saturday, October 25  
8:00 a.m. - 4:00 p.m.  
11211 Sepulveda Blvd  
Mission Hills, CA 91345

### VALENCIA

Saturday, November 1  
8:00 a.m. - 4:00 p.m.  
25775 McBean Pkwy  
(adjacent to Henry Mayo Hospital)  
Valencia, CA 91355

### SAN GABRIEL

Saturday, November 8  
8:00 a.m. - 4:00 p.m.  
207 S. Santa Anita Ave  
San Gabriel, CA 91776

### ALL FACEY LOCATIONS

Several mini flu shot clinics for Facey patients only will be scheduled after November 8. Call Facey's flu shot clinic hotline at (818) 837-5832 for times, dates and locations.

# patient

Oct - Dec  
2008

To make class reservations, call:  
1-866-837-5605

# EDUCATION

Register online by visiting us  
at [www.facey.com/education](http://www.facey.com/education)

## Arthritis

Taught by Paul Sussman, M.D.

### Mission Hills

Tuesday Dec. 2, 9:30 - 11:30 a.m.

## Blood Pressure

Taught by Sarina DeHaro, RN

### Mission Hills

Monday, Nov. 17, 3:00 - 5:00 p.m.

## Exercise Your Memory

Taught by Ginger Jacobs, MPH

### Mission Hills

Tuesday, Nov. 18, 10:00 a.m. - Noon

## Fall Prevention: Balance & Home Safety

### Mission Hills

Tuesday, Nov. 11, 10:00 a.m. - Noon

## Osteoporosis

2-part class, lunch is provided

### Reservations required

Taught by Pat Crum, RN

### Mission Hills

Nov. 06 & 13, 12:30 - 2:00 p.m.

## Foot Problems

Taught by David Day, D.P.M.

### Valencia II

Tuesday, Oct. 14, 6:00 - 7:30 p.m.

Tuesday, Dec. 09, 6:00 - 7:30 p.m.

### Mission Hills

Wed. Nov. 12, 6:00 - 7:30 p.m.

## Advance Directives

Taught by Ginger Jacobs

### Mission Hills

Tuesday, Dec. 30, 10:00 a.m. - Noon

## Bariatric Support Group

Facilitated by Ginger Jacobs, MPH  
and Kathleen Wall, RD

### Mission Hills

2nd & 4th Thursday of every month  
starts at 7:00 p.m.

## Exercise

Classes held every week

### Mission Hills

Wednesdays, 9:30 a.m. - 10:30 a.m.

Fridays, 1:30 p.m. - 2:30 p.m.

## Cholesterol

Taught by a Registered Dietitian

### Canyon Country

Thursday, Oct. 23, 8:30 - 10:30 a.m.

### Mission Hills

Thursday, Nov. 6, 6:30 - 8:30 p.m.

Thursday, Dec. 4, 6:30 - 8:30 p.m.

### San Gabriel

Tuesday, Nov. 18, 2:30 - 4:30 p.m.

## Gestational Diabetes

\*PHYSICIAN REFERRAL REQUIRED\*

Ask your Facey PCP for more info

### Mission Hills

Taught by Registered Dietitians

Every Thursday, 2:00 - 4:00 p.m.

## Insulin Pump Users Support Group

Facilitated by Kathleen Wall, RD

### Mission Hills

Thursday, Nov. 6, 4:00 - 5:30 p.m.

## Healthful Living for Teens

\$5.00 materials fee

Taught by Kathleen Wall, RD

### Mission Hills

Thursday, Nov. 6, 4:00 - 5:30 p.m.

## Menopause

### Mission Hills

Taught by Pat Crum, RN

Tuesday, Nov. 4, 6:00 - 8:00 p.m.

### San Gabriel

Taught by Thomas Yamamoto, M.D.

Wed., Oct. 15, 6:00 - 8:00 p.m.

## Newborn Care

### Mission Hills

Taught by Pat Crum, RN

Tuesday, Oct. 28, 6:00 - 8:00 p.m.

Tuesday, Nov. 25, 6:00 - 8:00 p.m.

Tuesday, Dec. 18, 6:00 - 8:00 p.m.

### Valencia I

Taught by a Facey Physician

Wed., Oct. 15, 6:00 - 8:00 p.m.

## Prediabetes

Taught by Registered Dietitians

**Mission Hills** - 2-part series

Nov. 12 & 19, 2:30 - 5:00 p.m.

**San Gabriel** - 1 class only

Taught by Loree Searcy, RD, CDE

Tuesday, Oct. 21, 2:30 - 4:30 p.m.

Tuesday, Dec. 10, 2:30 - 4:30 p.m.

## Prenatal

Taught by Pat Crum, RN

### Mission Hills

Tuesday, Oct. 14, 6:00 - 8:00 p.m.

Tuesday, Nov. 11, 6:00 - 8:00 p.m.

Tuesday, Dec. 09, 6:00 - 8:00 p.m.

## Weight Management

A ten-week class Taught by

Kathleen Wall, RD

### Mission Hills

Starting December 3:

Every Wednesday 6:30 - 7:30 p.m.

Our education calendar is perforated! Simply tug on this page and stick it on your refrigerator using your favorite magnet.



Save a tree! Switch to receiving Facey Facts by e-mail by sending your name and postal address to [faceyfacts@facey.com](mailto:faceyfacts@facey.com) today.



15451 San Fernando Mission Bl  
Mission Hills, CA 91345  
[WWW.FACEY.COM](http://WWW.FACEY.COM)

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**MISSION HILLS**  
Primary and Specialty Care  
11211 Sepulveda Blvd.  
Mission Hills, CA 91345  
(818) 365-9531

Urgent Care Facility  
Monday - Friday  
8:00 a.m. - 9:00 p.m.  
Saturday, Sunday & Holidays  
8:00 a.m. - 7:00 p.m.

The Women's Center  
Physical Therapy  
Behavioral Medicine  
Patient Education  
11165 Sepulveda Blvd.  
Mission Hills, CA 91345

**NORTHRIDGE**  
18460 Roscoe Blvd.  
Northridge, CA 91324  
(818) 734-3600

**PORTER RANCH**  
11177 Tampa Ave.  
Northridge, CA 91326  
(818) 837-5715

**VALENCIA I**  
26357 McBean Pkwy.  
Valencia, CA 91355  
(661) 222-2600

Urgent Care Facility  
Monday - Friday  
8:00 a.m. - 9:00 p.m.  
Saturday, Sunday & Holidays  
**8:00 a.m. - 6:00 p.m.**

**VALENCIA II**  
25775 McBean Pkwy.  
Valencia, CA 91355  
(661) 255-6802

**CANYON COUNTRY**  
17909 W. Soledad Canyon Rd.  
Canyon Country, CA 91351  
(661) 250-5200

**COPPER HILL**  
27924 Seco Canyon Rd.  
Santa Clarita, CA 91350  
(661) 513-2100

**CASTAIC**  
31882 Castaic Rd.  
Castaic, CA 91384  
(661) 775-1400

**SAN GABRIEL**  
207 S. Santa Anita St.  
San Gabriel, CA 91776  
(626) 576-0800

For specific services and  
physicians at each location visit:  
[WWW.FACEY.COM](http://WWW.FACEY.COM)

Facey Facts is produced four  
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Communications & Marketing  
Department. You can reach us  
by calling (818) 837-5755.

## Facey Clinical Research and You: Finding Solutions together

Facey Medical Group plays an active role in working to advance modern medicine through a clinical research program in our Mission Hills offices.

The Facey Clinical Research Center has conducted clinical studies for over 8 years. Our facility is run by a highly trained staff and our work is respected throughout the country.

Millions of people worldwide participate in clinical studies every year. We conduct mostly Phase III, IV and outcome studies. These studies occur much later in the treatment development process and involve drugs that already have large amounts of safety data collected on them.

Facey's Clinical Research Center is always looking for volunteers to participate in current and future clinical trials. Here is a sample of current and upcoming studies:

- Erosive esophagitis
- Irritable bowel syndrome (Diarrhea)
- Non-hodgkins lymphoma
- Pain studies
- Type 2 diabetes
- Anemia
- Irritable bowel syndrome
- Chronic constipation

If you would like more information about volunteering, please call us today at:  
(818) 838-3576

